

FAQ
FOR THE NSG WAG ROUTINES AND TECHNICAL PROGRAMME 2021

DIVISION AND TEAM COMPOSITION

1. Is the Junior Elite category going to be called Junior III in 2021?

Yes. The Junior Elite is renamed Junior III. Junior Developmental is renamed and split into Junior I and Junior II, and will have separate IA, AA and Team competitions. The Senior Optional is renamed and split into Senior I and Senior II for IA and AA competitions, but will retain a combined Team competition and Division Championship.

2. Is it true that a primary school can field more than 1 Junior team from 2021 onwards?

Yes. Schools can field in 1 team each in Junior I, Junior II and Junior III as long as they meet the minimum number of gymnasts for all 4 apparatus (Vault, Bars, Beam, Floor) - min. 3 for Junior I; min. 3 for Junior II; min. 4 for Junior III.

3. Can my school field in 16 gymnasts to compete in Level 3 in the Junior Division categories – 8 in Junior I and 8 in Junior II?

No. The maximum number of gymnasts in the Level 3 categories for Junior Division remains at 8 (as that of the Junior Developmental category prior to 2021). The 8 gymnasts will have to be registered into Junior I or Junior II depending on their date of birth. Schools that have a minimum of 3 gymnasts in one or both categories for 4 apparatus, will be eligible for the Team Competition(s). Schools can choose to field all 8 gymnasts in only 1 team.

4. Are there any Division changes for secondary schools and JC/CI?

No. There is no reorganisation of the Secondary Division categories. However, the 'C Division Developmental' category is renamed 'C Division Novice', and will be competing with new compulsory routines. The A, B and C Division Optional categories will be competing with new competition requirements.

5. If a Secondary 1 student won an individual medal in Level 4+, can she continue to participate in Level 4+ the following year?

Yes. As long as she meets the registration age criteria for C Division, she can continue to do so. The progression rule for top 3 medallists applies only to Level 3 gymnasts in the Primary schools.

ROUTINES AND REQUIREMENTS

6. Are Levels 3 to 8 all compulsory routines?

No. Only Levels 3 to 5 are fully compulsory routines. Level 6 has compulsory skill sets but optional routines for Beam and Floor. Level 4+ allows the gymnast to change the dance choreography for Floor. Level 8 are optional routines with scaled down FIG requirements.

7. What is Level 4+? Is it only for the NSG?

Yes. Level 4+ is only competed at the NSG. It is SG's Level 4 augmented with a limited list of skill replacements and provided with artistry bonus points on Beam and Floor. Gymnasts are allowed to change the dance choreography for Floor without changing the music and sequence of set skills.

TRAINING AND JUDGING MANUAL, MUSIC AND RESOURCES

8. Can I get SG's WAG National Competition Program from MOE?

No. School teachers will need to email to Singapore Gymnastics (NSA) using your MOE email address to purchase SG's WAG National Competition Program manual and resource package at the price offered to MOE schools. The email address is: Art-prm@singaporegymnastics.org.sg

9. Must I buy the compulsory floor music?

Yes and No. The compulsory floor music is provided in the resource package that comes with the purchase of SG's WAG National Program manual.

10. Must schools bring their own music for the competition?

Yes and No. The Organising Committee will be providing the music for compulsory floor routines for all schools (i.e. Levels 3 to 5, and Level 4+). However, schools will need to bring their own CD music for Levels 6 and 8.

TECHNICAL QUESTIONS

11. If a gymnast falls on Bars when doing a cast squat on for Levels 4 to 6, will the gymnast be deducted for a fall?

No. At the NSG, the cast squat on or pike on will not be considered or evaluated for Levels 4 to 6 Bars. Hence if a gymnast falls while doing the cast squat on to get to the high bar, she will not be penalised if she falls. However, she will be penalised if she exceeds the allowable intermediate LB to HB bar change time of 30 seconds for Levels 3 to 6.

12. Will the gymnasts be deducted if she performs the same 2nd Vault for Level 8?

No. There is no deduction for at the NSG if a gymnast does the exact same vault for her 2nd vault in Level 8. Instead, there will be a 0.50 bonus point for a gymnast performs a different 2nd vault with a different vault number.